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(71)(72) Applicants and Inventors: BAKER, James [GB/GB]; School of Engineering, North Park Road, University of Exeter, Exeter, Devon EX4 4QF (GB). HORWOOD, John, Michael, Kerry [GB/GB]; School of Engineering, North Park Road, University of Exeter, Exeter, Devon EX 4QF (GB). PROSSER, Nicola, Louise [GB/GB]; WOOLLONS, David, John [GB/GB]; School of Engineering, North Park Road, University of Exeter, Exeter, Devon EX4 4QF (GB). SHAW, David, Barrington [GB/GB]; WHISTANCE, Anthony, William, Tollaby [GB/GB]; Royal Devon and Exeter Hospital (Wonford), Barrack Road, Exeter, Devon EX2 5DW (GB).		Published <i>With international search report.</i>
(54) Title: AMBULATORY CARDIAC DIAGNOSTIC UNITS		
(57) Abstract		
<p>The diagnostic unit (1) consists of a microprocessor-based control section (5), a data memory (6) and a pacemaker (7). The control section (5) monitors heart action using the intracardiac electrogram and a second signal representative of intracardiac pressure. It detects events of interest to clinicians including bradycardia, tachycardia, cardiac pauses, pressure pauses, interference and pacing pauses, and records the numbers of each type of event. Selective recordings of the waveforms of the sensed signals are made in memory within the unit whenever an event of interest is detected. The unit is worn by the patient for periods of up to three weeks, and the parameters of the events to be sensed can be programmed into the unit by the clinician using a computer (4). The same computer (4) is used to extract and display the recorded data.</p>		

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-1-

Ambulatory Cardiac Diagnostic Units

This invention relates to ambulatory cardiac diagnostic units, that is to units which may be worn by a patient and which serve to monitor the patient's heart 5 with a view to providing data which may be used to diagnose heart malfunction.

It is known for patients having certain heart disorders to be fitted with a pacemaker which may be implanted by surgery and which provides electrical 10 outputs for pacing beating of the heart. It is also known to monitor the electrocardiogram of a patient over a the period of a day by using a 24-hour tape loop recording device which may be worn by the user (N. J. Holter, "New Method for Heart Studies: Continuous 15 Electrocardiography of Active Subjects", Science 134: 1214, 1961).

However, the shortcomings of such Holter monitoring has been apparent in many clinical situations for some time, and there has been a need for some form 20 of recording pacemaker. The demand for such a recording pacemaker would be considerable, particularly for the diagnosis of heart disease causing infrequent disturbances and unexplained syncope (D. B. Shaw, C. A. Kekwick, D. Veale, T. W. Whistance, "Unexplained 25 Syncope", Pace 6: July 1983). Current data emphasises the difficulty in diagnosis of heart disease under such conditions, even after complex studies in hospital. Most pacing centres which do not have a special interest

-2-

in sinus node disease do not have the time or facilities to undertake prolonged investigations. In the absence of any clear evidence of any major sinus node function disturbance the patient's symptoms are commonly labelled 5 as "non-cardiac". However the following publications suggest that further follow-up investigations would indicate that potential benefit would result from pacing with an appropriate unit: R. A. Winkle "Long-term electrocardiographic and event recorders for the 10 diagnosis and treatment of cardiac arrhythmias", Circulation (Supplement) 75: III-53, 1987; J. T. Bigger "Perspectives on long-term recording and monitoring", Circulation (Supplement) 75: III-58, 1987; D. B. Shaw, 15 T. W. Whistance, "Clever Pacemakers", Hospital Update, November 1986. U.S. Patent Specifications Nos. 4183354, 4250888, 4363397 and 4513743 disclose various forms of diagnostic recorder but none of these matches the criteria which are believed to be of importance in providing satisfactory diagnosis under a variety of 20 conditions.

It is an object of the invention to provide a generally improved form of ambulatory cardiac diagnostic unit.

According to one aspect of the present 25 invention there is provided an ambulatory cardiac diagnostic unit comprising recording means for recording data indicative of cardiac function, in which the recording means is adapted to record data representative

-3-

of electrical activity of the heart measured over a cardiac event monitoring period, and control means is provided to control recording over said cardiac event monitoring period in response to sensing of a cardiac
5 event.

According to another aspect of the invention there is provided an ambulatory cardiac diagnostic unit which incorporates cardiac pacing.

According to a further aspect of the invention
10 there is provided an ambulatory cardiac diagnostic unit which monitors the intracardiac electrogram as well as a further signal relating to cardiac function, such as intracardiac pressure (or rate of change of pressure) or intracardiac impedance.

15 Preferably both signals are used in combination to provide reliable detection of heartbeats. Furthermore the unit may be adapted to detect whether "capture" has occurred during pacing.

Conveniently the intracardiac electrogram and
20 the further signal are sensed using a single intracardiac catheter. Furthermore the unit may be adapted to measure the interval between sensed beats, and optionally to store a histogram of the time intervals between successive beats. This time interval
25 may be used to detect bradycardia or tachycardia. Furthermore the time interval may be used to detect a pause in pressure beats.

Additionally the unit may be adapted to

-4-

measure the duration since the last detected heartbeat, for example so as to detect asystole. Furthermore the sensed signals may be used to detect electrical interference.

5. The unit may be adapted to initiate pacing in response to prolonged bradycardia, pause events or interference.

In order that the invention may be more fully understood, a preferred embodiment of the invention will 10 now be described, by way of example, with reference to the accompanying drawings, in which:

Figure 1 shows an overall block diagram of the unit;

Figure 2 shows a block diagram of a control 15 section of the unit.

The ambulatory cardiac diagnostic unit which will now be described with reference to the drawings is intended to simultaneously measure, process and selectively record both a first signal being the 20 intracardiac electrogram and a second signal representative of intracardiac pressure. The unit also detects and records certain defined cardiac events for subsequent playback. The unit may be worn externally by the patient for relatively short periods, for example of 25 up to three weeks, although the eventual objective is an implantable device which may be worn indefinitely.

The cardiac events which are detectable by the unit may be defined as follows:

-5-

Bradycardia Event - Bradycardia is said to occur if the average heartrate over 1-8 interbeat periods (programmable) is at or below a certain heartrate. The heartrate at which bradycardia is detected is programmable in the range of 25-45 bpm.

Pause on the Intracardiac Electrogram Channel - A pause is said to occur on the electrical channel if a heartbeat is not detected for a certain length of time. The minimum time span for the definition of a pause is programmable.

Pacing Pause - It is known that on occasions the heart does not beat although it has been paced by a pacemaker (i.e. capture has not occurred). This event will be called a pacing pause.

Tachycardia Event - Tachycardia is said to exist when the average heartrate over a selected number of interbeat periods (3-20) is at or above the selected heartrate (100-200 bpm). Both the number of interbeat periods and the selected heartrate are programmable.

End of Tachycardia - The end of tachycardia is defined such that the heartrate must remain below the selected heartrate for a preset number of consecutive interbeat periods. The number of interbeat periods can also be set between 3 and 20. Consecutive beats are used instead of averaging over a certain number of beats (as with the detection of the start of tachycardia). This ensures that if the heartrate is very near the rate for tachycardia and drifts above and below it, there is

less chance of filling up the memory allocated for tachycardia with separate portions of the same tachycardia.

Pressure Pause - A pressure pause is defined 5 as the occurrence of an electrical heartbeat without a corresponding pressure beat. In practice an electrical beat from a contraction of the heart is detected before the corresponding pressure beat. Therefore for detection a pressure pause is defined as two consecutive 10 electrical beats without a pressure beat between them.

Interference - The detection of interference on the electrical channel relies on the detection of interference spikes. These spikes must pass an amplitude threshold and occur at greater than a preset 15 frequency. The amplitude threshold programmable and the minimum frequency for interference is 10 Hz.

Figure 1 shows the diagnostic unit 1 connected by leads to the heart 2. It also shows a hand-held battery operated key 3 and a computer 4 to which the 20 unit 1 may be selectively connected. Parameters are transferred from the computer 4 to the diagnostic unit 1 prior to connecting the diagnostic unit 1 to the transducer catheter (not shown), that is to the patient's heart. The computer 4 is disconnected from 25 the diagnostic unit 1 before the unit 1 is attached to the catheter. Monitoring is then started by sending a signal to the unit 1 from the hand-held key 3 which is temporarily connected to the unit 1 for this purpose.

-7-

The same key 3 is also used to stop monitoring prior to extraction of the recorded data from the unit 1 to the computer 4.

The diagnostic unit 1 consists of a control section 5, a data memory 6 forming part of the control section 5, and an adapted commercial pacemaker 7, together with transducers and batteries (not shown). Optoisolators 8 are used to provide electrical isolation of the serial communication port 9. The terminals A and B of the port 9 may be connected either to the terminals A', B' of the computer 4 or to the terminals A'', B'' of the key 3.

The pacemaker 7 used is a demand pacemaker, that is it only paces if the time from a spontaneous beat before a further spontaneous beat is detected exceeds a preset time. The pacemaker 7 is partially controlled by the control section 5 in that the timing mechanism (or clock) of the pacemaker 7 can be switched on or off by the control section 5 by means of a clock on/off signal line 10. While the clock is switched on pacing can occur, but pacing cannot occur while the clock is switched off. Detection of intracardiac electrogram beats is carried out by the pacemaker 7 regardless of whether the clock is on or off.

An intracardiac electrogram signal is supplied both to the pacemaker 7 and to the control section 5 by a signal line 11, and a second heart signal representative of intracardiac pressure is supplied by a

-8-

signal line 12. The control section 5 detects intracardiac electrogram beats independently of the pacemaker 7 so as to allow pacing pauses to be detected. When a spontaneous beat is detected by the pacemaker 7 5 it sends a signal to the control section 5 by way of a sense signal line 13. Furthermore the pacemaker 7 also sends a signal to the control section 5 by way of a pace initiate signal line 14 when a pacing pulse is generated. These signals allow interbeat periods to be 10 calculated by the control section 5.

Referring to Figure 2 the control section 5 comprises two microprocessors 20 and 21 sharing a common memory consisting of an 128K byte RAM module 22 and a 2K X 8 byte RAM 23, and an address, data and control bus 15 24. The use of two microprocessors sharing common memory allows the separation of the data acquisition and data processing tasks. The two microprocessors 20 and 21 are a 65C112 and a 65C102. By the use of the techniques described in "A low-cost high performance 64K 20 shared memory system", J. M. K. Horwood and J. Baker, J. of Microcomputer Applications, 1985, 8 both microcomputers retain full access to all the system memory and input/output devices. Virtually no additional logic is required to facilitate this.

25 2K bytes of static RAM are provided for purposes other than recorded data storage. This includes the stacks for both microprocessors. The main data storage is 128K bytes of static RAM, although

-9-

provision is made for up to 256K bytes to allow for system expansion.

In operation the control section 5 continually records the intracardiac electrogram and the second signal indicative of intracardiac pressure. A sampling rate of 400 Hz is used for the intracardiac electrogram, whereas a sampling rate of 100 Hz is used for the second signal. However, in the absence of a detected cardiac event, the recorded data is overwritten by newly recorded data after a predetermined interval of time. In the described embodiment 8K bytes of data are stored for each recorded waveform, this being equivalent to about sixteen seconds of recording. On detection of a cardiac event the control unit produces a recording which is not subsequently overwritten and which is divided into two parts, that is a part recorded before detection of the event and a part recorded after detection of the event. For example twelve seconds of recording may be carried out before the event for both Bradycardia and intracardiac electrogram pauses, leaving four seconds of recording after the detection of the event. For tachycardia, pressures pauses, pacing pauses and interference, eight seconds of recording are taken before and after the detection of the event. Sixteen such recordings may be made in sixteen memory blocks of the module 22, each of which is of 8K bytes.

When monitoring begins, the first sample value is stored at the first address of the first memory

-10-

block, and at the same time a code is stored in a register which indicates which block is to be accessed. A pointer indicates at which memory location the sample value is to be stored, and this pointer is incremented 5 after each sample is stored. When the pointer reaches the end of the first memory block (after about sixteen seconds) it returns to the beginning of this memory block and overwrites the previously recorded data. Thus the memory block always contains the most recent sixteen
10 seconds of recorded waveforms.

When an event waveform is to be recorded on detection of a cardiac event, the value of the pointer is recorded. This gives the address of the start of the event, that is the point at which the event is detected, 15 and the sample values are recorded in the memory block for a further preset number of bytes. A part of the previously recorded data is not overwritten, and this part then constitutes the recording immediately preceding the event.
20

When the recording of the event is complete, the pointer moves to the start of the next memory block, and this next memory block is then continuously overwritten until the next event waveform is to be recorded. This process is continued until all sixteen
25 event waveforms have been recorded. At this point no further sample values are stored in the memory.

The programmes and fixed data for both microprocessors are contained in a single 32K byte CMOS

-11-

EPROM which appears in the address map as two banks of 16K bytes each of which is only accessed by a single microprocessor.

An analogue to digital convertor 25 is used
5 for the intracardiac electrogram and pressure channels. This convertor 25 may be constituted by a single ADC0844 which incorporates a 4-channel multiplexer. The control section 5 also includes a clock unit 26 and a reset unit 27.

10 Furthermore the connection of the control section 5 to the pacemaker 7 is effected by way of an input/output circuit 28 and a safety override unit 29. In the event of control section failure the safety override unit 29 operates to prevent the clock of the 15 pacemaker remaining off when no spontaneous beats have been detected for longer than a certain length of time.

By way of further explanation of the function of the control mechanism some general definitions of terminology used in this specification will now be 20 given.

Dormant Periods - Dormant periods are introduced for the comfort and safety of the patient. In order to record the waveform of a bradycardia event or a pause on the intracardiac electrogram channel the 25 pacemaker is inhibited for a short time (i.e. it is not allowed to pace). Dormant periods ensure that there is at least a preset time between successive inhibitions of the pacemaker so that unpleasant symptoms that may be

-12-

experienced by the patient are not allowed to persist.

After the detection of a bradycardia or pause on the electrical channel, the control unit enters a dormant period during which the pacemaker is allowed to 5 function normally. This means that no bradycardia or pause events should occur but monitoring of the other events and updating of the histogram can continue. The dormant period is programmable in the range 0-10 minutes.

10 There is also a further dormant period which is invoked if more than one bradycardia or pause on the electrical channel is detected within one hour. If more than one of these events does occur in an hour one of two options may be followed. The option to be followed 15 is programmable.

Option 1: The pacemaker is allowed to operate normally for the remaining recording time.

Option 2: The pacemaker is allowed to operate normally for a preset length of time (0-11.5 hours).

20 The T-wave - The T-wave constitutes that portion of the intracardiac electrogram which immediately follows a beat and is characteristic of the repolarisation of the heart. It is undesirable to pace on the T-wave.

25 Pacemaker refractory period - Once the pacemaker has detected a beat it enters a short refractory period during which it does not look for the occurrence of a beat. This is to ensure that the T-wave

(seen at the end of the beat) is not mistaken for the occurrence of another beat.

The above described diagnostic unit has a number of functions in operation, and these may be 5 summarised as follows:

- (i) Monitoring the intracardiac electrogram and second signal using transducers mounted on a catheter positioned in a chamber of the heart.
- (ii) Detecting electrical and pressure heartbeats.
- 10 (Other time varying signals which indicate the function of the heart can be used).
- (iii) Detecting and counting events. The events monitored are bradycardia, interference, tachycardia, pressure pauses, pauses on the electrical channel and 15 pacing pauses. Each time one of these events occurs the relevant event counter is updated.
- (iv) Allowing variable definitions of the events named above. The exact definitions of the events are set up on the computer and the parameters are 20 transferred to the diagnostic unit prior to the start of monitoring.
- (v) Recording the intracardiac electrogram and second signal of sixteen events. The type and time of these events are recorded, as are the times of the start 25 and finish of any tachycardia or interference.
- (vi) A histogram of interbeat periods is built up continuously, except when interference is present. There are nine counters with programmable ranges.

-14-

During interference on the intracardiac electrogram channel monitoring of all other events ceases.

At the start of monitoring or on completion of the dormant periods the pacemaker clock is switched off.

5 This is always done at the end of its refractory period (during which no beats can be detected). The pacemaker clock is always switched on during the dormant periods or on the detection of bradycardia. This is done immediately after the end of a refractory period. The 10 pacemaker is then capable of sensing an intracardiac electrogram beat immediately and there is no chance of missing the detection of a beat or pacing the heart on the T-wave. The clock is also switched on when a pause or interference is detected. In these cases the clock 15 is switched on immediately as there are no spontaneous or paced beats detected. In this case of interference the clock remains on until the end of interference is detected.

The definitions of the events and the 20 recording parameters are set up on the computer prior to the start of monitoring. These parameters are then transferred to the diagnostic unit so that monitoring can commence. The programmable parameters are listed below:

- 25 1. The heartrate defining bradycardia.
2. The number of interbeat periods that are averaged in the detection of bradycardia.
3. The duration of time that must elapse from the

-15-

detection of a spontaneous beat to define the occurrence of a pause.

4. The duration of the dormant period associated with the detection of a bradycardia or intracardiac
5 electrogram pause event.

5. The option for a dormant period associated with the detection of more than one pause or bradycardia in an hour and the duration of the dormant period if the shorter option is chosen.

10 6. The number of interbeat periods that are averaged in the detection of tachycardia.

7. The heartrate defining tachycardia.

8. The number of interbeat periods that are averaged in the detection of the end of tachycardia.

15 9. The heartrate defining the end of tachycardia..

10. The ranges of the histogram counters.

11. The number of bradycardia event waveforms that can be recorded.

12. The number of tachycardia event waveforms that
20 can be recorded.

13. The number of intracardiac electrogram pause waveforms that can be recorded.

14. The number of pressure pause waveforms that can be recorded.

25 15. The number of interference event waveforms that can be recorded.

16. The number of pacing pause waveforms that can be recorded.

-16-

17. The number of pressure pause waveforms to be recorded.
18. The signal amplitude threshold for interference.
- 5 19. The pressure signal amplitude threshold to define a pressure beat.
20. The duration for which the pressure signal must remain above the amplitude threshold to define a pressure beat.
- 10 At the end of monitoring the diagnostic unit is disconnected from the patient and attached to the computer. The recorded data is then transferred from the diagnostic unit to the computer and stored for future reference.

CLAIMS

1. An ambulatory cardiac diagnostic unit comprising recording means for recording data indicative of cardiac function, characterised in that the recording means is adapted to record data representative of electrical activity of the heart measured over a cardiac event monitoring period, and control means is provided to control recording over said cardiac event monitoring period in response to sensing of a cardiac event.
- 10 2. An ambulatory cardiac diagnostic unit according to Claim 1, characterised in that it further comprises pacing means adapted to initiate pacing of the heart in response to sensing of a heart malfunction.
- 15 3. An ambulatory cardiac diagnostic unit according to Claim 1 or 2, characterised in that the recording means is adapted to continuously record data with the previously recorded data being overwritten by newly recorded data after a predetermined interval of time, and the control means is adapted to control recording in response to sensing of a cardiac event so that an initial part of the previously recorded data is overwritten leaving recorded data indicative of cardiac function immediately before and immediately after said cardiac event.
- 25 4. An ambulatory cardiac diagnostic unit according to Claim 1, 2, or 3, characterised in that the recording means is also adapted to record data indicative of a second cardiac function.

-18-

5. An ambulatory cardiac diagnostic unit according to Claim 4, characterised in that the recording means is also adapted to record data indicative of intracardiac pressure.

5 6. An ambulatory cardiac diagnostic unit according to any preceding claim, characterised in that the recording means is adapted to record data over a plurality of cardiac monitoring periods.

7. An ambulatory cardiac diagnostic unit
10 according to any preceding claim, characterised in that it further comprises heartbeat monitoring means adapted to monitor the interbeat periods between successive heartbeats and to indicate the occurrence of a cardiac event in response to such monitoring.

15 8. An ambulatory cardiac diagnostic unit according to any preceding claim, characterised in that it further comprises cardiac event detection means for comparing data indicative of monitored cardiac function with preset values indicative of acceptable heart
20 performance, wherein the preset values can be changed as required.

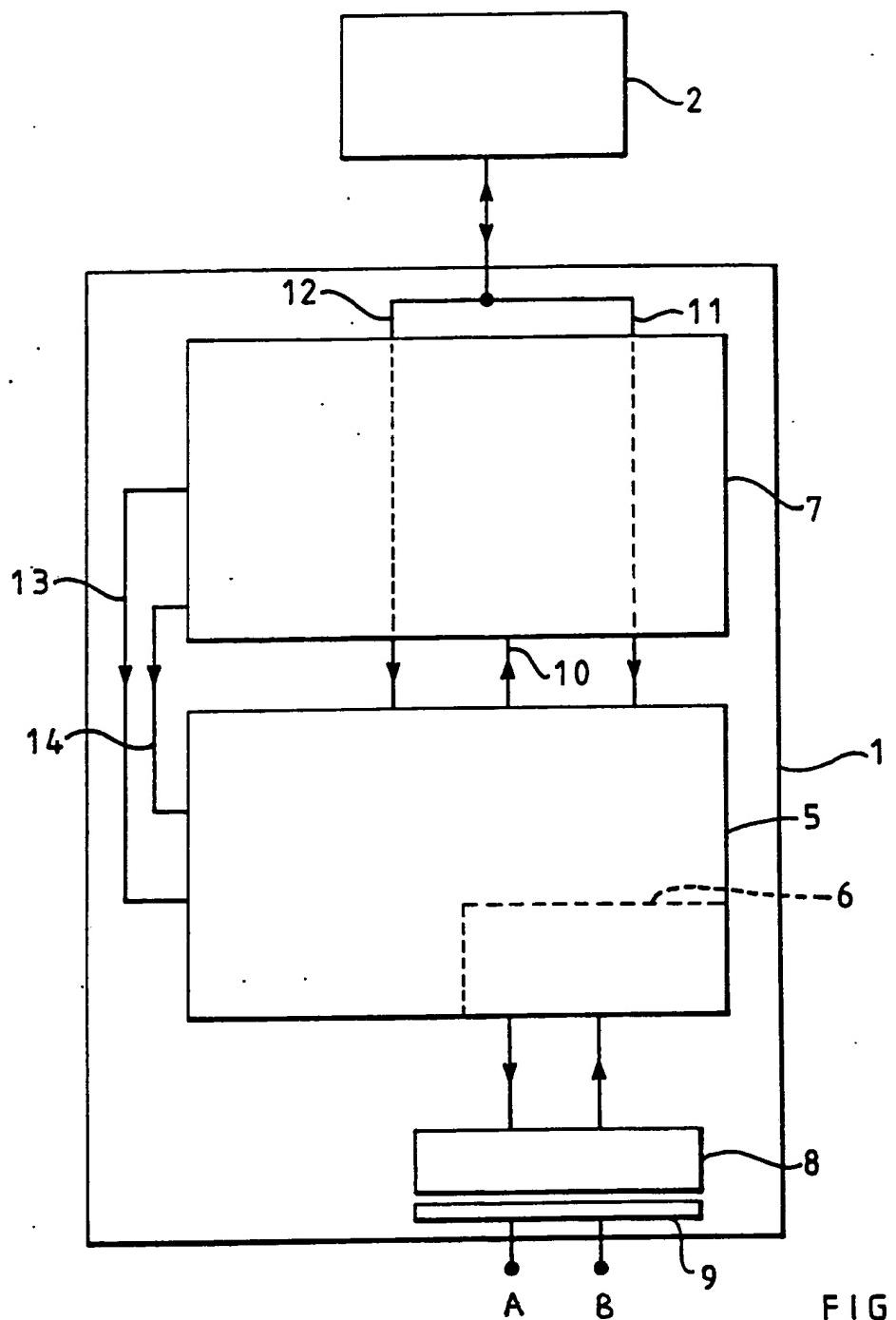
9. An ambulatory cardiac diagnostic unit according to Claim 8, characterised in that the cardiac event detection means records the number of cardiac
25 events detected and their timings.

10. An ambulatory cardiac diagnostic unit according to any preceding claim, characterised in that it further comprises interference detection means for

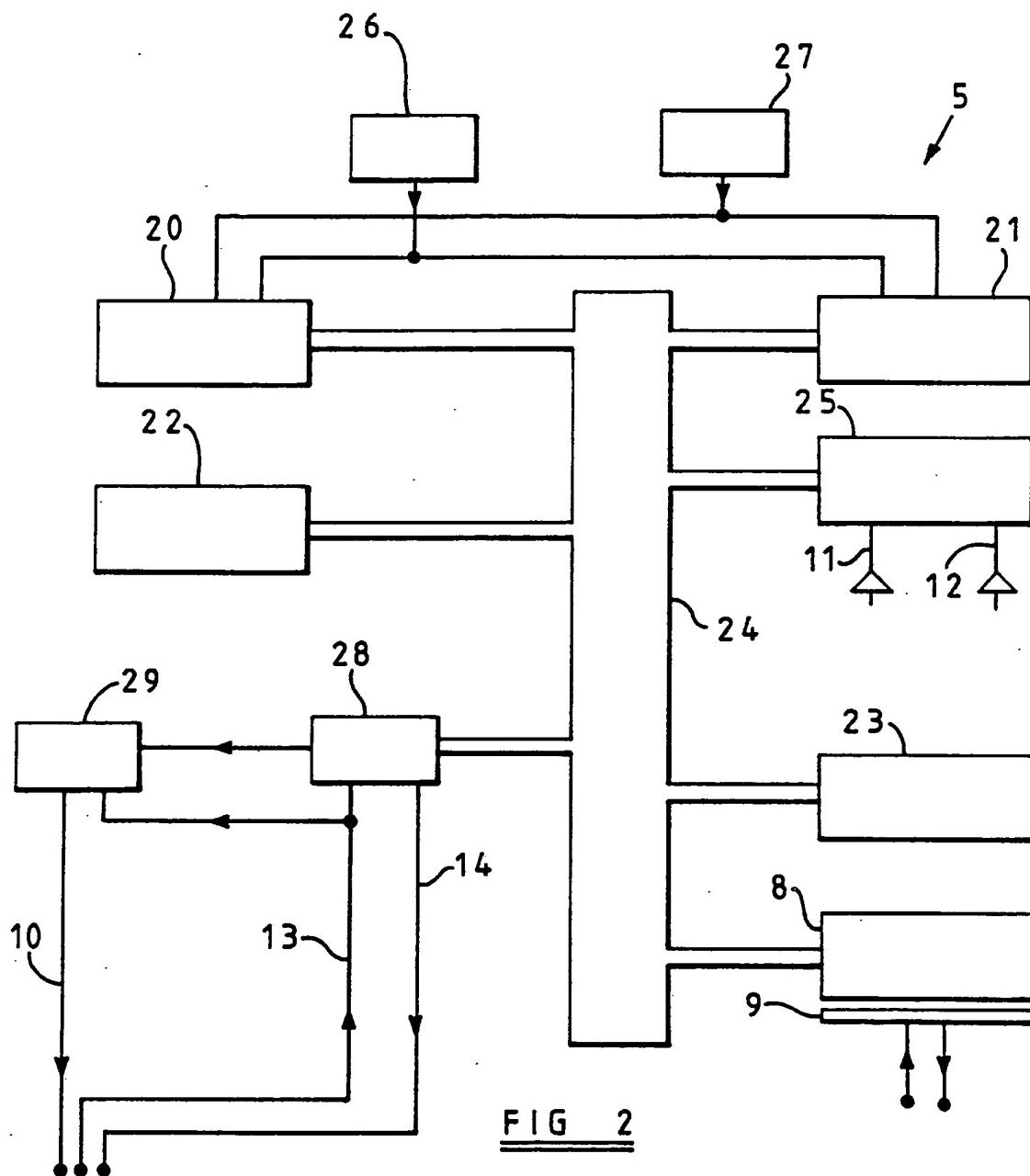
-19-

inhibiting monitoring in the event of electrical interference.

1 / 2

FIG 1**SUBSTITUTE SHEET**

2 / 2

**SUBSTITUTE SHEET**

INTERNATIONAL SEARCH REPORT

International Application No PCT/GB 89/01315

I. CLASSIFICATION OF SUBJECT MATTER (if several classification symbols apply, indicate all) *

According to International Patent Classification (IPC) or to both National Classification and IPC

IPC⁵: A 61 B 5/0432, A 61 B 5/0468, A 61 N 1/365

II. FIELDS SEARCHED

Minimum Documentation Searched †

Classification System	Classification Symbols
IPC ⁵	A 61 B, A 61 N

Documentation Searched other than Minimum Documentation
to the Extent that such Documents are Included in the Fields Searched ‡

III. DOCUMENTS CONSIDERED TO BE RELEVANT*

Category *	Citation of Document, ¹¹ with indication, where appropriate, of the relevant passages ¹²	Relevant to Claim No. ¹³
X	EP, A, 0212278 (C.J. POLICASTRO) 4 March 1987, see page 3, line 20 - page 5, line 12; page 13, line 3 - page 16, line 7; page 28, line 6 - page 33, line 4; figure 1 --	1,3,4,6-8, 10
X	US, A, 4552154 (J.T. HARTLAUB) 12 November 1985, see column 2, line 66 - column 3, line 23; column 3, line 47 - column 4, line 24; figures --	1,2,7,8
X	US, A, 4250888 (R. GROSSKOPF) 17 February 1981, see column 2, line 53 - column 3, line 7; column 4, line 23 - column 5, line 25; figures (cited in the application) --	1,3,6-9
X	Medical and Biological Engineering and Computing, vol. 22, no. 2, March 1984 (Stevenage, GB) N.V. Thakor et al.: "Design, implementa- tion and evaluation of a microcomputer-	1-3,6-8

* Special categories of cited documents: ¹⁰

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IV. CERTIFICATION

Date of the Actual Completion of the International Search
22nd January 1990

Date of Mailing of this International Search Report

16.02.90

International Searching Authority

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Signature of Authorized Officer



L. ROSSI

III. DOCUMENTS CONSIDERED TO BE RELEVANT (CONTINUED FROM THE SECOND SHEET)		
Category*	Citation of Document, with indication, where appropriate, of the relevant passages	Relevant to Claim No
	based portable arrhythmia monitor", pages 151-159, see pages 152,153,156,157	
A	Medical and Biological Engineering and Computing, vol. 18, no. 3, May 1980 (Stevenage, GB) S.J. Hyödynmaa et al.: "The use of a microprocessor-controlled multichannel analyser in transferring blood pressures and neural activities of offline computer analysis" pages 375-377, see pages 375-377	1,4-6

**ANNEX TO THE INTERNATIONAL SEARCH REPORT
ON INTERNATIONAL PATENT APPLICATION NO.**

**GB 8901315
SA 32253**

This annex lists the patent family members relating to the patent documents cited in the above-mentioned international search report. The members are as contained in the European Patent Office EDP file on 06/02/90. The European Patent Office is in no way liable for these particulars which are merely given for the purpose of information.

Patent document cited in search report	Publication date	Patent family member(s)		Publication date
EP-A- 0212278	04-03-87	AU-B-	587049	03-08-89
		AU-A-	6047686	29-01-87
US-A- 4552154	12-11-85	None		
US-A- 4250888	17-02-81	DE-A-	2755643	21-06-79